



The **Eugene Veg Education Network (EVEN)** is delighted to announce *Vegan Voices: Essays by Inspiring Changemakers*, edited by **Dr. Joanne Kong**. This heartfelt and insightful book includes an essay written by **EVEN's Executive Director, Lin Silvan**.

*Vegan Voices* is a comprehensive collection of compelling testimonials of how our food choices are deeply connected to the pressing challenges and issues of our time, including:

- personal and global health,
- the devastation of animal agriculture to the environment,
- society's collective loss of compassion and connection to our kindred animals,
- the desire for a world of greater peace, harmony, and inclusivity.

"In light of the increasing damage of animal agriculture to our health, the planet and our identities as innately compassionate beings, we need to embrace a new future of food, driven by our sense of innovation and purpose. And for that new world to be possible, the most powerful choice we can make is to GO **VEGAN!**" - **Dr. Joanne Kong**

The book points to the need for a cultural and spiritual transformation in which we embrace the commonalities between all living beings as a source of positive change and healing.

"Choice and Impact! Comprehend the power inherent in compassion, and watch new worlds emerge." - **Lin Silvan**

Lin says of her "Beyond Joy" essay:

*"Life affords many joys! One of the best joys is discovering that we all own an inner strength to change directions and revitalize our lives whenever we want. It is most exciting to do this when we have just learned something new! My essay "Beyond Joy," reminds us how hindsight provides 20/20 clarity, and how it is massively influential in shaping our future decisions.*

*If we have a deeply-rooted sense of compassion and can see it from the animal's point of view, an invaluable transformation occurs. **Vegan Voices** is a moving compilation of joyful ideas from informed people whose insights and varied experiences offer all of us new perspectives. This book will supercharge you to get your "vegan on."* - **Lin Silvan**

"Vegan Voices brings you the thoughts and experiences of the visionaries who have built this powerful movement. From ethics and activism to aesthetics and economics, it looks at all sides, charting an optimistic way forward for humans and for all the other animals with whom we share the planet."—**Neal D. Barnard, MD, FACC, President, Physicians Committee for Responsible Medicine, Washington, DC** "

**Order Your Book Here:** <https://lanternpm.org/books/vegan-voices/>

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