

Community Solutions

Volunteer Spotlight



Lin Silvan

Essentials for Life

Silvan is the founder and executive director of the Eugene Veg Education Network (EVEN), a nonprofit resource advocating the benefits of a vegan (plant-based) diet. She does a bit of everything to promote EVEN's mission, from answering emails to arranging workshop speakers to maintaining an active website (www.eugeneveg.org). Previously, Silvan generously donated her time as a Master Recycler, foster parent and Habitat for Humanity volunteer.

Volunteer hours: 2,400-plus in 2010

"Lin has reached tens of thousands ... to help them transition to a healthful, compassionate and eco-conscious lifestyle. EVEN owes its existence and direction to Lin."

*- Robert Jacobucci,
Eugene Veg Education Network*

Register-Guard, Eugene OR, 7/31/11