## Read Exclusive EVEN Interview with Dr. Richard Oppenlander!



# **Dr. Richard Oppenlander**

### Researcher, Author, Consultant, Lecturer

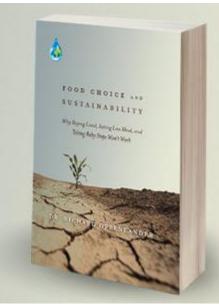
**Dr. Oppenlander** is a much sought after lecturer on the topic of food choice and how it relates to sustainability, all within the framework of fresh perspectives and critical insights. >> MORE

## FOOD CHOICE AND SUSTAINABILITY

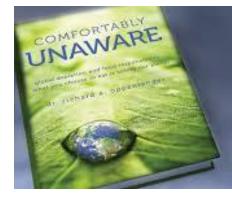
Why Buying Local, Eating Less Meat, and Taking Baby Steps Won't Work

"The importance of Dr. Richard Oppenlander's work to save planet Earth and its animal inhabitants exceeds the importance of reversing epidemic diseases of gluttony, including heart disease, diabetes, and cancer."

~John McDougall, MD, Internist, Author, and Researcher







"Comfortably Unaware explains, so clearly, how what we choose to eat has a direct impact on the health of Planet Earth: how modern agro-business and our thoughtless appetites are, quite literally, destroying the environment and the future of our children. Lurge you to read it, to think about its message, discuss it with your friends – and start to change the world, one bite, one meal, one diet at a time."

- Jane Goodall, PhD. DBE. UN Messenger of Peace

Click here to read EVEN's exclusive interview with Dr. Oppenlander!

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http://www.eugeneveg.org/interviews.htm

#### www.eugeneveg.org

### *Eugene Veg Education Network* ---*EVEN - serving as a vegan resource since 2005---*

The **Eugene Veg Education Network (EVEN)** is an **official 501(c)(3)** non-profit based in Eugene serving as a resource for those seeking information on a **healthful, vegan lifestyle**. EVEN's emphasis is one of **non-violence, compassion and sustainability.** Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's <u>Mission Statement</u> is **to inform, educate & encourage our members**--- as well as the larger community ---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. <u>www.eugeneveg.org</u>

Peace.