## Read an EVEN Exclusive Interview with



Dale Lugenbehl Educator, Author, Builder and

Sandy Aldridge
Environmental Activist, Gardener

Dale and Sandy built their own home and veganically grow most of their food. Additionally they continue to experiment with food preservation that uses as little energy as possible—including an above-ground root cellar, storage of certain crops in the soil, and sun drying. They make extensive use of solar, geothermal, and gravity energy, as well as rainwater catchment systems for garden and orchard irrigation at their **Ahimsa Acres** homestead outside of

Cottage Grove, Oregon. >> Click here to read EVEN's complete interview with Dale and Sandy.

## Want to read more interviews?

You can find <u>all</u> of EVEN's interviews online at **EVEN's Interviews Page HERE**.

(No registration necessary, no passwords, no PINs, nothing to join, all free.)

Want to read more about veganism and the environment? Go to **EVEN's Scoop page here** and

Go to Ahimsa Acres Readings page here.

## www.eugeneveg.org

**Eugene Veg Education Network** 

---EVEN - serving as a vegan resource since 2005---

The Eugene Veg Education Network (EVEN) is an official 501(c)(3) non-profit based in Eugene serving as a resource for those seeking information on a healthful, vegan lifestyle. EVEN's emphasis is one of non-violence, compassion and sustainability. Focus is on the interconnectedness of all life and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is to inform, educate & encourage our members--- as well as the larger community ---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org

