







# Think and Go Veg!

## Got questions?

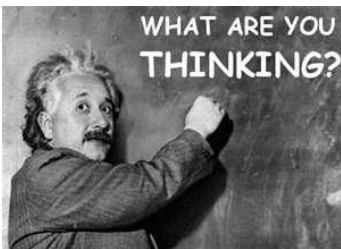
-  What is vegan?
-  Why be vegan?
-  What do I eat?
-  How do I make it?
-  Where do I shop?
-  How the heck do I do this?  
Eeeeeeeeeeasy!



Find answers here!



**Think and Go Veg** is a workshop designed by the Eugene Veg Education Network (EVEN) to give new vegans all the information they need---and then some--- about how to make this healthful, sustainable and compassionate transition to a plant-based diet.



**Know the facts,  
And there's no other reasonable  
choice!**

**It's easy, it's simple, it's fun, and it  
makes a difference!  
Think...and Go Veg!**

