

# **Urgent-Please ask your representative to ensure all children can choose Healthy School Meals!**

Subject: Fwd: Urgent-Please ask your representative to ensure all children can choose Healthy School Meals!

Dear Friend,

We just received this mail from Ruby Lathon at the Physicians Committee for Responsible Medicine (see email below). She spoke at a Washington DC conference about the nationwide Healthy School Lunch program.

Apparently, they urgently need your help because the bill that is supposed to make it mandatory to provide vegan food in the schools is coming up for vote and the committee chair is trying to take out the part about veganism.

Both of Oregon US Representatives are not on the support list at this moment, so Oregonians need to push harder to convince them.

<http://www.healthyschoollunches.org/lobbyday/co-sponsors.cfm>

## **Actions please:**

1. **Call them** to help fill up their voice messages :-), below is their phone number webpage:

[http://support.pcrm.org/site/PageServer?pagename=hsl\\_find\\_us\\_representatives&autologin=true](http://support.pcrm.org/site/PageServer?pagename=hsl_find_us_representatives&autologin=true)

2 **And/Or Email them**, copy/paste following letter with name changes, etc. or use your own letter at following websites:

**Representative Peter DeFazio:** <https://forms.house.gov/defazio/IMA/contact.html>

, Change "**Issue**" field to "**Education**"

**Representative Kurt Schrader:** <http://www.schrader.house.gov/index.cfm?sectionid=81>

, Change "**Subject**" field to "**Education**"

Dear Representative **<Enter Name Here>**,

The House Education and Labor Committee will soon release draft legislation to reauthorize the Child Nutrition Act. Chairman Miller and his staff are working to finalize the provisions to be included in this important legislation. We need your help to ensure that the committee includes the provisions of HR 4870, the *Healthy School Meals Act*, in the reauthorization bill.

It's essential that schools offer our children the healthiest possible options on the lunch line. We also need to

ensure that every child can choose a nutritious nondairy beverage at lunch if they can't drink milk. Plant-based foods are naturally low in fat, cholesterol-free, and high in fiber. The more healthy fruits and vegetables provided to our children will improve their performance in school and ensure for a healthier student population. I would like to respectfully request your action to support the vegan lunch options provided in the language of HR 4870.

**Please**

**act urgently** to provide healthful plant-based options in every cafeteria. Our children's future depends on it!

Best regards,

**<Your Name Here>**

The banner features a green background with the text "Support Healthy School Lunches" in white. Below this, in a black bar, is "PCRM Physicians Committee for Responsible Medicine". On the right is a circular logo for "School Lunch Revolution VEG OUT" with a cartoon vegetable character. A central green box contains the text "CALL CONGRESS TODAY!". On the right side of the banner is a "SHARE" button with social media icons.

Dear Supporter,

The House Education and Labor Committee will soon release draft legislation to reauthorize the Child Nutrition Act. Chairman Miller and his staff are working to finalize the provisions to be included in this important legislation. We need your help to ensure that the committee includes the provisions of HR 4870, the *Healthy School Meals Act*, in the reauthorization bill.

Your Member of Congress can help push the provisions of the *Healthy School Meals Act* through.

**Please call**

your member of Congress today and urge him or her to ask Chairman Miller to include the provisions of HR 4870 in the Child Nutrition Act reauthorization bill. We need to let Chairman Miller know that this issue is important.

It's essential that schools offer our children the healthiest possible options on the lunch line. We also need to ensure that every child can choose a nutritious nondairy beverage at lunch if they can't drink milk. Plant-based foods are naturally low in fat, cholesterol-free, and high in fiber.

**Please call**

**today**

with this urgent request to ensure that Congress votes to provide healthful plant-based options in every cafeteria. Our children's future depends on it!

Best regards,

Ruby Lathon, Ph.D.  
Nutrition Policy Manager

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Supreme Master Television,  
airing only constructive programming  
24hours / 7 days at: [www.SupremeMasterTV.com](http://www.SupremeMasterTV.com)

Be Organic Vegan to Save The Planet.

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"The thinking (person) must oppose all cruel customs, no matter how deeply rooted in tradition and surrounded by a halo. When we have a choice, we must avoid bringing torment and injury into the life of another."  
Albert Schweitzer

Check out the website: [chooseveg.com](http://chooseveg.com)