

EVEN NOW 7/26/11

Personal Food Choices and Climate Change

by [Dale Lugenbehl and Sandy Aldridge](#)

TH, 7/28/11, 7pm

McNail-Riley House, 601 W. 13th (at Jefferson), Eugene

- Free parking in fairgrounds across the street.
- Free educational presentation. Not a potluck.
- More Info - www.eugeneveg.org
- Flyer attached.

Forks Over Knives - Eugene

Forks Over Knives examines the profound claim that most, if not all, of the degenerative diseases that afflict us can be controlled, or even reversed, by rejecting our present menu of animal-based and processed foods.

Coming to Eugene **beginning July 29!**

Bijou Art Cinema, 492 East 13th Ave, Eugene, OR 97401, 541-686-2458

See more about [Forks Over Knives here.](#)

Cornbread Cafe

7th & Polk, Eugene OR

TU, WE - 11 am - 4 pm

TH, FR, SA - 11 am - 8 pm

Grand Opening **Saturday, August 13!** Stay tuned!

Colleen Patrick-Goudreau – Interview!

If you missed it the first time, read [EVEN's exclusive interview with Colleen](#), The Compassionate Cook!

NEW! EVEN News Blog

Get in touch with hundreds of valuable, vegan morsels at [EVEN's News Blog](#). It's under construction, but bookmark it and check back often.

Thank You, Surata Tofu

Thank you to **Surata Tofu** for tofu donations for EVEN's Midsummer Night's Dream Vegan potluck on 6/30/11.

[Surata Tofu](#), 3rd & Lincoln, Eugene, OR

Organic tofu and tempeh since 1977. Available in local health food and grocery stores or visit **Surata's outlet store Tuesday and Thursday from 11A to 515P**, where fresh factory seconds are available for sale. www.suratasoy.com

Thank You for EVEN Donations

Satish K, JJ B. and Inge B. - Thank you for kind and generous donations that continue to make EVEN's outreach and education possible!

Donate to EVEN Here

Please consider making a 100% tax-deductible donation. EVEN needs your support!

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**When I despair, I remember that all through history the ways of truth and love have always won. There have been tyrants, and murderers, and for a time they can seem invincible, but in the end, they always fall.**

**Think of it---always.**

**– Mahatma Gandhi,**

***Indian political and spiritual leader (1869 – 1948)***

The **Eugene Veg Education Network (EVEN)** is an **official 501(c)(3)** non-profit based in Eugene serving as a resource for those seeking information on a **healthful, vegan lifestyle**. EVEN's emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's **Mission Statement** is **to inform, educate & encourage our members---** as well as the larger community ---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. [www.eugeneveg.org](http://www.eugeneveg.org) **Peace.**

**Eugene Veg Education Network (EVEN)**

1574 Coburg Rd., #120

Eugene OR 97401

[www.eugeneveg.org](http://www.eugeneveg.org)

**---EVEN - serving as a vegan resource since 2005---**