

Hello, everybody! Just a few **reminders** and **ideas** as suggested by EVEN and others:

1. This cruelty-free VEGAN Thanksgiving potluck is **100% vegan** and that includes not using honey, please. Thank you!

2. Please jot down the **ingredients** of your vegan dish for those who might have sensitivities. If you would please do this **in advance**, it will help the lines move more smoothly at the door. If you are bringing a commercial product, it's fine to simply cut out the Ingredients Panel from the package.

3. Remember to bring a **serving utensil** (and you might want to even tape your name to the handle!) along with your own **plates and place setting**.

4. **You do not have to be vegan, but your dish does.** Vegetarian dishes are simply not appropriate for this vegan Thanksgiving celebration. There is as much misery and suffering and pain inherent in eggs and dairy as there is in meat. Maybe moreso! So for at least this one meal on this one occasion, thank you for keeping it vegan! [Find thousands of vegan recipes here: <http://www.eugeneveg.org/recipes.htm>]

5. **No alcohol or smoking** permitted in the church or on church grounds. Thank you.

6. **Doors open at 3pm.** Only EVEN volunteers helping with set-up can enter before 3pm.

7. If you are a veg business owner or if you offer a veg service or product, feel free to put some of your **business cards** on EVEN's information table in the hallway.

8. **Beverages** provided!

We can't wait to see you and share this special occasion with everyone. The food is guaranteed to be delicious, fun and cruelty-free and we are so excited to be celebrating it with you! Email with questions and RSVPs. See you soon!!

Thank you!

# Eugene Veg Education Network (EVEN)

Annual Cruelty-Free, Vegan  
Thanksgiving Potluck  
Sunday, November 20, 2011



**WHAT:** Annual Thanksgiving **VEGAN\*\*** Potluck

**WHEN:** Sunday, 11/20/11, 3:00 pm

**LOCATION:** Unitarian Universalist Church, 40th & Donald, Eugene (Park in lot or on street.)

**COST:** This EVEN-sponsored EVENT is free to all vegans, vegetarians and other people who wish to join in community to celebrate a gentle, VEGAN thanksgiving AND who bring for every member of their party a 100% VEGAN dish that serves 6-8. (e.g., If two people attend, your vegan dish must be ample enough to serve 12-16.)

**NOTE:** Bring a place setting and glass for yourself, but EVEN will provide complimentary beverages for the event.

**\*\* Vegan means 100% plant-based, so please do not bring or use meat, fish, fowl, milk, butter, cream, eggs, honey, gelatin, or any other animal products.**

**Thank you for keeping it vegan! ☺**

**[FIND GREAT VEGAN RECIPES HERE](#)**

The **Eugene Veg Education Network (EVEN)** is an **official 501(c)(3) non-profit** based in Eugene serving as a resource for those seeking information on a healthful, vegan lifestyle. **EVEN's** emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. **EVEN's** Mission Statement is **to inform, educate & encourage** our members---as well as the larger community---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. [www.eugeneveg.org](http://www.eugeneveg.org) **Peace.**