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Read an EVEN Exclusive Interview with



Janice Stanger, PhD Author, Speaker, Educator, Consultant

*Janice Stanger, PhD, is a nutrition expert whose mission is to teach people to thrive on a whole-foods, plant-based diet. She is the author of **The Perfect Formula Diet** and is a frequent conference presenter, radio show guest, and teacher of several courses on nutrition and health. **Shredding ridiculous nutrition myths is Janice's specialty.** >> [Click HERE to read EVEN's complete interview with Janice.](#)*

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Eugene Veg Education Network

---EVEN - serving as a vegan resource since 2005---

The **Eugene Veg Education Network (EVEN)** is an **official 501(c)(3)** non-profit based in Eugene serving as a resource for those seeking information on a **healthful, vegan lifestyle**. EVEN's emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is **to inform, educate & encourage our members**--- as well as the larger community ---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org