Vegan Women: Life-Changing Stories

WHERE: Barnes & Noble
Valley River Center
1163 Valley River Dr
Eugene, OR

WHEN: Saturday, 2/22/20, 1:00 pm

WHAT: Rebecca Frith's new book, Legends of Change: The Unstoppable Rise of Veganism, is the ultimate compilation of 85+ first-hand stories and life-changing tips from women who have transitioned into a vegan lifestyle of plant-based eating.

WHO: Dr. Joanne Kong, a University of Oregon graduate profiled in the book, will sign copies and read excerpts from these powerful stories.
LEGENDS OF CHANGE
JOANNE KONG

AUTHOR EVENT
SAT, FEB 22, 2020, 1:00 PM

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INSPIRING TRUE STORIES FROM VEGAN WOMEN IMPACTING THE WORLD...

True stories from real women including Ingrid Newkirk (PETA President), Heather Mills (Philanthropist), Dotsie Bausch (Olympic Medalist), Fiona Oakes (Multiple World Record Holder), Dr. Angie Sadeghi, M.D, Dr. Ruth Heidrich PhD and many many more inspiring women on the front line of the vegan and plant based revolution.

This incredibly inspiring collection of real stories highlights the positive impact that veganism and a plant based lifestyle are having on humans, animal welfare, and the environment on a global scale.

Event sponsored by the Eugene Veg Education Network (EVEN) www.eugeneveg.org