THE STORY OF STUFF

From its extraction through sale, use and disposal, all the stuff in our lives affects communities at home and abroad, yet most of this is hidden from view. The Story of Stuff is a 20-minute, fast-paced, fact-filled look at the underside of our production and consumption patterns. The Story of Stuff exposes the connections between a huge number of environmental and social issues, and calls us together to create a more sustainable and just world. It'll teach you something, it'll make you laugh, and it just may change the way you look at all the stuff in your life forever.

http://www.storyofstuff.com/

(Thank you, Hilliard & Wily!)

GET WELL SOON!

Please send get well wishes to EVEN member: Worth Myers
Solvang Retirement Center
1202 Jacobs Dr
Eugene OR 97402
541-689-0334

HOUSEMATE WANTED

Beautiful house on 40 acres, 15 minutes from downtown. Vegetarian and non-smoker preferred. Male or female OK. Must be organized, tidy, clean, and respectful of other people's things. Someone with a love and respect for nature. $350/month. Call Eric 541-682-5532
OFF THE WAFFLE
A Classic Belgian Treat

Eileen Thomas, EVEN Member, informs us that Off the Waffle, a new local waffle place, offers a vegan waffle on their menu. Eileen's husband called a few weeks ago inquiring if they had vegan waffles. The chefs made up a recipe and they thought it came out so good, they made it the waffle of the week. EVEN members can show support for this new, small-scale, local business by visiting: Off the Waffle (authentic liege waffles), 740 Van Buren Street - around the corner from New Frontier Market. Open 8 a.m. till midnight. 653-3972 (free delivery to campus and downtown).

MCDougALL CELEBRITY CHEF WEEKEND

June 26-28, 2009 - Santa Rosa California

There is still time to register for the 2009 Celebrity Chef Weekend and learn top cooking skills from Chef Kevin Dunn and a line-up of other incredible chefs: Chef Abbie Jaye (AJ), Fran Costigan, Emily Webber, Jill Nussinow, MS, RD, Colleen Patrick-Goudreau, Mary McDougall

http://www.drmcdougall.com/misc/2008other/chef/dunn.htm

HELP SLED DOGS

http://www.helpsleddogs.org

The Humane Society of Central Oregon is having legally blind Iditarod musher, Rachael Scedoris, speak at its "A Dog Day in May" event on Saturday, May 23. The Iditarod has a long, well-documented history of dog deaths, illnesses and injuries. It's appalling that the Humane Society would promote the race and Scedoris. Scedoris forces her 100 dogs to live on chains.

Six dogs died in the 2009 Iditarod. Two dogs were on the team of Dr. Lou Packer. Dr. Packer told the Anchorage Daily News he believes the two dogs froze to death in the brutally cold winds. For the dogs, the Iditarod is a bottomless pit of suffering. What happens to the dogs during the race includes death, paralysis, frostbite of the penis and scrotum, bleeding ulcers, bloody diarrhea, lung damage, pneumonia, ruptured discs, viral diseases, broken bones, torn muscles and tendons and sprains. At least 142 dogs have died in the race. No one knows how many dogs die after this torturous ordeal or during training.

Tell the Humane Society of Central Oregon not to hype the Iditarod or musher Rachel Scedoris. Ask them to please cancel her talk. EMAIL DIRECTOR, PAT RODEN: pmroden@hsco.org or call 541-330-7094.

Source: Sled Dog Action Coalition
IN DEFENSE OF ANIMALS UPDATE

and boycott Procter & Gamble

THE HIDDEN COST OF HORSE RACING

A little over a year ago, people watched in horror as Eight Belles was ridden to her death at the Kentucky Derby. Her jockey whipped her as she ran flat out on the hard dirt track before finally collapsing after crossing the finish line and immediately snapping both her front ankles. She was euthanized in the dirt where she lay, wracked with pain, a victim of the dirty business of thoroughbred racing.

Eight Belles' tragic breakdown was no freak accident. Rather, it was a glimpse into an industry quietly responsible for more than 1,000 fatal horse breakdowns on U.S. tracks each year.

In the year since Eight Belles' death, we've worked very hard on this issue. We have actually changed the media coverage of horse racing so that injuries and deaths are no longer ignored. We've sparked Congressional hearings to expose the cruelty that the horse-racing industry tries to hide. We have even awakened the conscience of some of the abusers and heard from whistleblowers, who we are working with now. PETA is fighting vigorously for more vital reforms, including the following:

- A ban on all drugs designed to push horses beyond their limits
- Softer track surfaces to protect vulnerable horses' bones and joints
- A ban on the use of whips
- An end to the racing of young horses before their legs are fully formed and strengthened.
- An end to the practice of shipping thoroughbreds overseas, where most end up in a dog-food can

PETA investigators have also documented the repulsive underside of the misnamed "sport of kings" ("sport of butchers" is more accurate)—owners who sell horses who can't win races anymore to slaughterhouses … trainers who give horses drugs to keep them running until they drop, break their legs, or wreck their health … industry leaders who prefer the hardest track surface because, although it breaks the most bones, it pounds the most speed out of the horses and brings these greedy souls the most profitable wins.

We have done much in the past year for horses, but there is much to do. With your help, we
can stop the hideous abuses that these and other long-suffering animals endure. Won't you please make a powerful gift today so that we can work to get drugs out of the stables in order to allow hurt horses to rest? With your help, we can also stop the other hideous abuses that these and other long-suffering animals endure.

Thank you for all that you do to end the mistreatment of horses and all animals.

Kind Regards,
Ingrid Newkirk
President
People for the Ethical Treatment of Animals (PETA)

**ANOTHER STATE BANS GESTATION CRATES AND VEAL CRATES**

This week the governor of Maine signed into law a bill that will protect farm animals by banning veal crates and gestation crates! The bill’s passage makes Maine the sixth state in the nation to prohibit certain types of extreme confinement of farm animals. Last fall, California voters overwhelmingly passed Proposition 2, a ballot initiative that also eliminates veal crates and gestation crates as well as battery cages for egg-laying hens in the state. Farm Sanctuary was a main backer of this landmark legislation, as well as similar successful anti-confinement initiatives in Florida and Arizona. In addition, Oregon and Colorado have passed laws prohibiting certain cruel factory farming confinement practices.

http://action.farmsanctuary.org/site/MessageViewer?em_id=10661.0&printer_friendly=1

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**What Does "Humane" Mean to You?**

Farm Sanctuary Link - corrected

*The Truth Behind the Labels by Farm Sanctuary*

We live in a country where 95 percent of eggs on the market come from birds kept in cages so small they can barely move, where mother pigs are treated like piglet-breeding machines and made to live in crates barely larger than their own bodies, where chickens raised for meat are kept in crowded barns where the air is almost unbreathable, and where castrations, tail dockings, toe clippings, brandings and other mutilations are done routinely and without regard to the pain they cause. Kept out of the public eye, these cruelties and others constitute the daily experience of hundreds of millions of farm animals. >>Read More
The Eugene Veg Education Network (EVEN) is an official 501(c)(3) non-profit group based in Eugene serving as a resource for those seeking information on a healthful, vegan lifestyle. EVEN's emphasis is one of non-violence, compassion and sustainability. Focus is on the interconnectedness of all life and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is to inform, educate & encourage our members---as well as the larger community---by providing access to pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. 541-343-8055  www.eugeneveg.org  Peace.