Hello, everyone!

Tomorrow, October 2nd, is **World Day for Farmed Animals**, a day devoted to exposing the truth behind animal agriculture and memorializing the billions of farmed animals slaughtered each year.

After short, sad lives on farms, these innocent animals face a brutal slaughter. During their last hours, the vast majority of farmed animals are starved on their way for slaughter. In solidarity with their suffering, we introduced the [Fast Against Slaughter](#), a one-day fast to raise awareness of their suffering.

We understand that not everyone can join us in a day fast. If you are unable, rest assure there are still many things that you can do to help us expose the plight of farmed animals on their day. Here are ways to help:

1. Share are memes on social media using #DayForAnimals and #FastAgainstSlaughter
2. Share images of yourself holding a sign supporting people that have joined the Fast Against Slaughter. This is as simple as grabbing a piece of paper and writing "I support the #FastAgainstSlaughter because..." and then sharing it on social media
3. Share [the pledge](#) with friends and family and explain and encourage why it is important
4. Help us financially with a [donation](#) to help us cover our leaflet and poster shipping and printing costs
Don't miss this opportunity to stand with compassionate people around the world once again and raise awareness about the plight of farmed animals.

The animals need caring people like you to tell their story. Will you join in this powerful remembrance of their lives and speak up for them? Pledge now to join this solemn commemoration and huge day of outreach.

Don't forget to join the conversation on social media with #dayforanimals and #fastagainstslaughter. You can also email photos to photos@dayforanimals.org.

Thank you for your unending support. Let's spread compassion all around the world!

Farm Animal Rights Movement (FARM) is a national non-profit organization working to end the use of animals for food through public education and grassroots activism. We believe in the inherent self-worth of animals, as well as environmental protection and enhanced public health.

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Eugene Veg Education Network (EVEN) is a 501(c)(3) non-profit serving as a resource for those seeking information on a healthful, vegan lifestyle. EVEN's emphasis is one of non-violence, compassion and sustainability. Focus is on the interconnectedness of all life and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is to inform, educate & encourage our members--- as well as the larger community ---by providing information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org Peace.